

I want to encourage you to enjoy this journey. How cool to work on your craft that gives you so much joy. I assume you are sharing your improved playing. Make sure that you show off some of the songs and techniques you have learned. If you play in a band, they obviously see your advancement. I suspect some of them are jealous. The good news is that your expanded level of musicianship elevates your band mates as well. It's sort of like professional development.

Below is this month's daily schedule. You have many cool things to look forward to.

1 Technique Reading Soloing	2 Technique Funk Classical Etude	3 Technique Reading Soloing	4 Technique Funk Classical Etude	5 Reading Funk Soloing	6 Technique Soloing Classical Etude	7 Soloing
8 Reading Technique Rock	9 Reading Technique Rock	10 Technique Soloing Rock	11 Reading Soloing Funk	12 Technique Soloing Funk	13 Reading Technique Rock	14 Funk Rock
15 Classical Etude Technique Rock	16 Classical Etude Technique Rock	17 Classical Etude Funk Rock	18 Soloing Funk Technique	19 Soloing Classical Etude Technique	20 Technique Rock Fnk	21 Classical Etude Funk Rock
22 Technique Reading Soloing	23 Technique Reading Soloing	24 Technique Classical Etude Rock	25 Classical Etude Reading Soloing	26 Technique Reading Rock	27 Classical Etude Soloing Rock	28 Reading Classical Etude

So, is there an end to this euphoric endeavor? There doesn't have to be. All you need do is stay plugged into the program. Get into this book and lay plans for *Level 10*.

I learned at a fairly young age that we become like the people we associate with. I saw evidence that my musical environment was a major factor in my growth. That experience taught me to always keep myself in surroundings that inspired me to move forward. When I was around players who were practicing and working on their craft, I wanted to practice more. So can *Daily Practice For Bass* help keep you focused and on track. Just believe that you can reach your goals, and be willing to put in the work.

Don't waste another moment. Tomorrow is just a few hours away.

Day Two - Funk - 15 minutes

Here is our first Funk groove. Download the play-along track "Day Two Funk."

Example 4 - Funk



Musical notation for Example 4 - Funk. The piece is in 4/4 time with a tempo of 88 BPM. The notation consists of two staves. The first staff contains a complex rhythmic pattern with eighth and sixteenth notes, including a triplet. The second staff contains a simpler rhythmic pattern with eighth notes and rests. A large red watermark "stinnett" is overlaid on the second staff.

Day Two - Classical Etude - 15 minutes

Example 5 - Classical Etude



Musical notation for Example 5 - Classical Etude. The piece is in 2/4 time with a tempo of 90 BPM. The notation consists of four staves. The first staff starts with a fermata over a quarter note and a second measure rest. The subsequent staves contain a melodic line with eighth and sixteenth notes. A large red watermark "music" is overlaid on the third staff.

Day Eight - Reading - 15 minutes

Example 12 - Reading

Bossa Nova

♩ = 110

1

5

9

13

D.C. al Fine

Day Nine - Technique - 15 minutes

Continue practicing the pattern 1 2 3 1 over Giant Steps.

Day Nine - Rock - 15 minutes

Repeat the assignment from Day Eight

music

I know it is not a difficult bass line to play, but I want you to learn it more deeply. Be sure you are playing along with Sting. It will groove, and you won't want to stop. Learn it better.

Day Fifteen - Rock - 15 minutes

This Sting bass line is from his song "You Still Touch Me." It is similar to the last one. This one grooves hard and is very organized. Learn it, and play along with Sting.

Example 20 - Rock

Intro



A



B



C



stinnett

music

Day Twenty-Two - Soloing - 15 minutes

Now that you have watched that video where I was teaching soloing over a jazz blues, let's try some.

Download the audio track "Day Twenty-Two Soloing."

Listen to me play, then you copy and play. I will play some short phrases, and then some longer ones. Just listen and copy. Jump in and play with me as much as you can.

stinnett

Day Twenty-Three - Reading - 15 minutes

Example 28 - Reading

Jazz

$\text{♩} = 100$

$4/4$

F^7 $B\flat^7$ F^7 C^-7 F^7

$B\flat^7$ $B\dim^7$ F^7 A^-7 D^7

G^-7 C^7 F^7 D^7 G^7 C^7

music

Day Twenty-Three - Technique - 15 minutes

Use the same practice procedure, but now with the minor scale.

Download "Day Twenty Three Cycle Minor."

Day Twenty-Six - Technique - 15 minutes

Let's do a little review. Practice the major, minor, and dominant scales around the cycle of 4ths.

Day Twenty-Six - Reading - 15 minutes

Example 33 - Reading

Example 33 - Reading

Tempo: $\text{♩} = 160$

Measure numbers: 1, 5, 9

Day Twenty-Seven - Classical Etude - 15 minutes

Repeat assignment from Day Twenty-Four.

Day Twenty-Seven - Soloing - 15 minutes

For our last lesson on soloing I am going to record a full chorus on the Blues in F. Transcribe this solo. Memorize it. You will now have some jazz language in your pocket that you can pull out when needed. Download the play-along track "Day Twenty-Seven Soloing."

Happy soloing. :)